

Association of the 894G>T polymorphism of the endothelial constitutive nitric oxide synthase gene with unstable angina

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Abstract

The 894G>T polymorphism of the endothelial constitutive nitric oxide synthase gene consists of the substitution of a guanine base by a thymine at the 894th nucleotide of the gene. An association of this polymorphism with acute coronary syndromes has been described, only when in combination with other polymorphisms of this gene. The aim of the present study was to search for an association between this polymorphism and unstable angina in a southern Brazilian population. In a case-control study, 156 patients (group 1 (N = 83): unstable angina, group 2 (N = 73): stable angina) were genotyped by PCR and digestion of the product. Univariate analysis demonstrated that the minimal luminal diameter and the degree of stenosis of the culprit lesion differed between groups (P = 0.006 and 0.005, respectively). In addition, the frequencies of the T allele and of the T allele carriers (combined TT and TG genotypes) were significantly higher in the group with unstable angina (41.6 vs 28.8%; P = 0.025, Pearson chi-square test, and 73.5 vs 45.2%; P = 0.001, Pearson chi-square test, respectively). Multivariate logistic regression showed that the frequency of the T allele carriers was the only variable with a predictive value for unstable angina, when controlled for the other variables (6.1 (95% CI = 2.55-14.43); P < 0.001). Thus, in a homogenous group of patients, the endothelial constitutive nitric oxide synthase 894G>T polymorphism was associated with unstable angina. We suggest that this polymorphism may be a genetic risk factor for unstable angina.

Key words

- Nitric oxide synthase
- Gene
- Polymorphism
- Unstable angina
- Coronary

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Introduction

The leading mechanism of unstable angina is the transitory interruption of myocardial perfusion by a subocclusive thrombus, superposed on a fissured or eroded coronary atherosclerotic plaque (1). The endothelium

plays a fundamental role in the regulation of the thrombotic process by releasing, among other substances, endothelial-derived relaxing factor (EDRF), synthesized by the endothelial cell (2) and identified as nitric oxide (NO) (3,4). In addition to its vasodilator action (2), EDRF also acts on diverse pro-

cesses involved in the pathogenesis of atherosclerosis and thrombosis. An inhibitory effect of NO on platelet aggregation and adhesion to the vascular endothelium has been demonstrated (5-7) and EDRF and exogenous NO also cause platelet deaggregation (8). In addition, NO may act on the blood coagulation system through the regulation of the expression of heparin sulfate by endothelial cells (9). Conversely, NO inhibits diverse functions in polymorphonuclear leukocytes, such as chemotaxis and the synthesis and release of superoxide radical (10,11). Furthermore, NO inhibits the adhesion of polymorphonuclear cells to the vascular endothelium (12), thus playing a fundamental role in the control of vascular homeostasis. EDRF is synthesized in the endothelial cell from L-arginine by endothelial constitutive NO synthase (ecNOS), a constitutive enzyme coded by a gene located at locus 7q35-36, containing 26 exons that occupy 21 kb (13). Some polymorphisms of this gene have been described, as well as their possible association with diverse cardiovascular pathologies. Among these polymorphisms, the 894G>T polymorphism has been described in exon 7 of the ecNOS gene, and consists of the substitution of a guanine base by a thymine at nucleotide 894 of the gene; this mutation results in the substitution of the amino acid glutamate by aspartate at the 298th position of the ecNOS protein (Glu298Asp) (14).

The possible association of this polymorphism with coronary heart disease has been studied. In a Japanese population, the frequency of TT homozygotes of this polymorphism was significantly greater in patients with myocardial infarction (MI) than in a control group of healthy people; however, in that study, this mutation was not associated with the degree of severity of coronary atherosclerosis (15). In another Japanese study, a significantly higher frequency of the T allele was observed in patients with MI when compared with a control group (16). In an

English population, a significantly higher frequency of TT homozygotes was reported in a group of patients with coronary disease and in another group of patients with recent MI when compared with their respective healthy controls (17). With regard to acute coronary syndromes (ACS), a study in a Korean population (18) analyzed the effect of two polymorphisms of the ecNOS gene, the 894G>T and the polymorphic variation in intron 4 (4a4b), on the development of ACS (acute myocardial infarction and unstable angina). In that study, the GG genotype of the ecNOS 894G>T polymorphism had an additive beneficial effect on 4a allele carriers of the ecNOS 4a4b polymorphism. In another study conducted on an Italian population (19), the effect of the 894G>T, 4a4b and -786T>C polymorphisms on the predisposition to ACS was also analyzed. The homozygosity for the ecNOS 4a rare variant represented an independent predisposition factor to ACS. In addition, an increased predisposition to ACS was observed in subjects carrying the -786CC/894TT genotypes.

In a sample from a southern Brazilian population of European ancestry studied by Rios et al. (20), the ecNOS promoter -786T>C but not the ecNOS 894G>T polymorphism was associated with coronary artery disease (CAD) (20). Haplotype analysis showed that both haplotypes with a -786C allele (i.e., -766C/G and -786C/T) were predictors for CAD risk, suggesting, as did Tanus-Santos et al. (21), that the promoter variant may be most relevant for the development of CAD in Caucasians. However, a recent meta-analysis (22) indicated the 894G>T variant, but not the -786T>C, as a genetic risk factor for CAD. Furthermore, it is not known whether the ecNOS 894G>T polymorphism is associated with ACS in our population. Thus, the objective of our study was to identify any possible association of this polymorphism with unstable angina in a southern Brazilian population.

Patients, Material and Methods

Written informed consent was obtained from all of the participants and the Ethics Committee of the Hospital de Clínicas de Porto Alegre, Brazil, approved this study.

Study population

A case-control study was conducted in a southern Brazilian population. Patients submitted to percutaneous revascularization of the culprit lesion between August 2000 and August 2003 were included. A total of 156 unrelated patients (111 men and 45 women) were included in the study according to the following criteria: patients should 1) present symptomatic angina, 2) have an indication for percutaneous revascularization, and 3) sign the informed consent to participate in the study. The study population was mainly of European ancestry, i.e., of Italian, Portuguese and German descent (97.44%); only 4 patients were of African origin. Patients were divided into two groups: group 1 (N = 83), patients with unstable angina according to the Braunwald classification (types I, II, III, B, or C) (23) and group 2 (N = 73), patients with stable angina. Asymptomatic patients were not included in the study.

Clinical and demographic data

The following data were used for clinical evaluation: clinical presentation (stable or unstable angina), age, functional class according to the New York Heart Association (NYHA) classification (24), plasma lipid profile, risk factors for coronary disease such as diabetes mellitus, systemic arterial hypertension (patients taking medication or with a previous diagnosis), smoking (smokers or ex-smokers of 1 or more cigarettes/day for more than 5 years), body mass index, history of previous MI, family history of cardiovascular disease (history of MI or cardiovascular death before 60 years of age in a first

degree relative), and medication in use (aspirin, nitrates, angiotensin-converting enzyme inhibitors, statins, calcium channel blockers, β -blockers).

Quantitative coronary angiography

The following angiographic characteristics of the culprit lesion were evaluated by digital quantitative angiography: type of lesion (noncomplex: types A and B1; complex: types B2 and C, according to the modified American College of Cardiology/American Heart Association classification (25), minimal luminal diameter, reference diameter, degree of stenosis, and lesion length. The diameters were determined using the diameter of the distal portion of the guide catheter as the calibration reference. The lesions were quantified using software for quantitative angiographic analysis with automatic detection of edges (GEMNet CRS V. 5.6.5, Advantage Cardiac Review, General Medical Electric Systems, 1998; Fairfield, CT, USA).

Blood collection and DNA analysis

A 5-mL blood sample was collected into a sterile system with EDTA as anticoagulant from each patient at admission and stored frozen at -20°C until DNA extraction. Genomic DNA was extracted from leukocytes by a standard method (26). The biallelic 894G>T polymorphism in exon 7 of the ecNOS gene was identified on the basis of the method of Hibi et al. (15). The polymerase chain reaction (PCR) was performed in a total volume of 50 μL containing about 0.5 μg of genomic DNA, 1 U Taq DNA polymerase in Taq buffer (Life Technologies do Brazil Ltda., Invitrogen, São Paulo, SP, Brazil), a final concentration of 0.3 mM of each dNTP and of 1.5 mM of each primer, ecNOS-F 5'-TCC CTG AGG AGG GCA TGA GGC T-3', and ecNOS-R 5'-TGA GGG TCA CAC AGG TTC CT-3' (Life Technologies do Brazil Ltda., Invitrogen). The re-

action was carried out in a PTC-100 thermocycler (MJ Research, Inc., Watertown, MA, USA), as follows: an initial denaturation at 94°C for 10 min, followed by 30 cycles at 94°C for 1 min, at 61°C for 1 min, and at 72°C for 1 min. The final extension step was prolonged to 10 min. The 457-bp PCR-amplified product (40 µL) was cleaved in appropriate buffer with 8-12 U of BanII (GibcoBRL®-Life Technologies™, Rockville, MD, USA) in a total volume of 50 µL at 37°C for 24 h. The sequence of exon 7 of the eNOS gene is registered in the EMBL data base as GI: 461317 (GenBank accession number: X76307). The genotype was determined by 2% agarose gel electrophoretic analysis of the DNA segments. The genotyping was based on the following information: i) GG homozygotes present the guanine base inside the recognition site for BanII; thus, the 457-bp PCR-amplified product is cleaved into two DNA fragments of 137 and 320 bp as a result of digestion; ii) TT homozygotes present the substitution of the guanine base by thymine and therefore only one undigested DNA fragment of 457 bp is visualized on agarose gel; iii) TG heterozygotes are observed on the agarose gel as three DNA fragments of 457, 320, and 137 bp. For genotype analysis, a dominant heredity model was assumed (combined TT + TG genotypes versus the GG genotype). Genotyping was performed in a blind fashion, i.e., the investigators were unaware of patient data.

Lipid profile analysis

A 5-mL blood sample was collected into a sterile system with heparin as anticoagulant from the femoral artery after a 12-h overnight fast before cardiac catheterization. After centrifugation, plasma was stored frozen at -80°C until lipid profile analysis. The plasma concentrations of high-density lipoprotein cholesterol (HDL cholesterol) and total cholesterol were analyzed in the laboratory of the Department of Clinical Pathology, Hospital de Clínicas de Porto Alegre,

Porto Alegre, RS, Brazil, using commercially available systems (HDL-C Plus, second generation, and Cholesterol CHOD-PAP, respectively) and a Roche/Hitachi Automatic Analyzer 917 (Basel, Switzerland).

Statistical analysis

All the co-variables were coded as 0 for absence of the risk factor and as 1 for its presence; 0 for no use of medication, 1 for the use of medication; 0 for noncomplex lesion type, 1 for complex lesion type; 0 for GG genotype, 1 for combined TT + TG. Data were analyzed using the statistical software package SPSS 12.0 for Windows. The continuous variables are reported as mean ± SD and the categorical variables as percentage and frequencies. The clinical and angiographic characteristics were compared between groups using the Pearson chi-square test followed by Yates continuity correction for categorical variables, or the Student *t*-test for independent samples for continuous variables.

The chi-square test was applied to determine whether genotype distributions were within Hardy-Weinberg equilibrium. The frequencies of the alleles and genotypes were compared between groups by the Pearson chi-square test. Later, multivariate logistic regression was applied, considering unstable angina as the dependent variable and as co-variables those demonstrating $P \leq 0.20$ in the univariate test and those that can modulate eNOS, such as age, gender, plasma lipid profile (total cholesterol and HDL cholesterol), smoking habit, and the use of statins. The level of significance was set at 5% in all analyses.

Results

Clinical characteristics of the patients

Table 1 shows the clinical characteristics of the two patient groups (group 1: patients

with unstable angina; group 2: patients with stable angina). In univariate analysis, the two groups were similar regarding age, gender, body mass index, NYHA functional class, plasma lipid profile, and risk factors for coronary disease such as hypertension, diabetes mellitus, smoking, and a family history of cardiovascular disease. In addition, the two groups were similar regarding the medication in use (aspirin, angiotensin-converting enzyme inhibitors, statins, calcium channel blockers, β -blockers, and nitrates).

Angiographic characteristics

Table 2 shows the angiographic characteristics of the culprit lesion. The two groups of patients were similar regarding type of lesion, luminal diameter of reference and lesion length, but differed in the minimal luminal diameter ($P = 0.006$, Student t -test) and degree of stenosis ($P = 0.005$, Student t -test).

Allele and genotype distribution

The global genotype (TT = 0.11; TG = 0.49; GG = 0.40) and allele (T = 0.36; G = 0.64) frequencies in the sample studied did not differ from the values predicted by the Hardy-Weinberg model ($P = 0.61$, chi-square). The distribution of the alleles and genotypes in patients of each group is compared in Table 3. The frequency of the T allele was significantly higher in patients with unstable angina compared to patients with stable angina (41.6 vs 28.8%; $P = 0.025$, Pearson chi-square test). Also, assuming a dominant heredity model (combined TT + TG genotypes versus GG genotype), the frequency of TT + TG genotypes was significantly higher in patients with unstable angina compared to patients with stable angina (73.5 vs 45.2%; $P = 0.001$, Pearson chi-square test).

Multivariate logistic regression showed

that the presence of the T allele was the only variable with a predictive value for unstable angina, when controlled for the other variables (previous MI, minimal luminal diam-

Table 1. Clinical, demographic and genetic characteristics of patients with unstable angina (group 1) and patients with stable angina (group 2).

Clinical data	Group 1 (N = 83)	Group 2 (N = 73)	Odds ratio (95% CI)
Age (years)	59.90 \pm 10.7	61.90 \pm 10.4	
BMI (kg/m ²)	26.84 \pm 3.99	26.53 \pm 3.27	
Total cholesterol (mg/dL)	190.96 \pm 44.83	190.78 \pm 48.95	
HDL cholesterol (mg/dL)	38.93 \pm 11.05	39.12 \pm 9.73	
Male	61 (73.5%)	50 (68.5%)	1.28 (0.64-2.56)
NYHA I-II	76 (92.7%)	67 (95.7%)	0.57 (0.14-2.36)
Hypertension	50 (60.2%)	50 (68.5%)	0.70 (0.36-1.35)
Diabetes mellitus	20 (24.1%)	19 (26%)	0.90 (0.44-1.86)
Smoking	55 (66.3%)	45 (61.6%)	1.22 (0.64-2.35)
Previous MI	37 (45.1%)	24 (33.3%)	1.64 (0.85-3.16)
Family history of CVD	29 (35.4%)	31 (43.1%)	0.72 (0.38-1.39)
Drugs			
Aspirin	65 (78.3%)	53 (72.6%)	1.36 (0.66-2.84)
ACE inhibitors	32 (38.6%)	27 (37%)	1.07 (0.56-2.05)
Statins	26 (31.3%)	23 (32.4%)	1.05 (0.53-2.07)
Calcium channel blockers	22 (26.5%)	14 (19.2%)	1.52 (0.71-3.25)
β -blockers	45 (54.2%)	44 (60.3%)	0.78 (0.41-1.48)
Nitrates	52 (62.7%)	39 (53.4%)	1.46 (0.77-2.77)
Genotype frequencies			
GG	22 (26.5%)	40 (54.8%)*	0.30 (0.15-0.58)
TT	8 (9.6%)	9 (12.3%)	0.75 (0.27-2.08)
TG	53 (63.9%)	24 (32.9%)*	3.60 (1.85-6.99)

Data are reported as mean \pm SD or as the number of patients with percent in parentheses. CI = confidence interval; BMI = body mass index; HDL = high density lipoproteins; NYHA = New York Heart Association functional classification; CVD = cardiovascular disease; MI = myocardial infarction; ACE = angiotensin-converting enzyme.

The Student t -test was used for comparison of age, BMI, total cholesterol and HDL cholesterol data. The Pearson chi-square test was used for all other data * $P < 0.05$ group 1 compared to group. All other comparisons were statistically non-significant.

Table 2. Angiographic characteristics of patients with unstable angina (group 1) and patients with stable angina (group 2).

Angiographic characteristics	Group 1 (N = 83)	Group 2 (N = 73)
Minimal luminal diameter (mm)	0.68 \pm 0.47	0.89 \pm 0.48*
Reference luminal diameter (mm)	2.84 \pm 0.53	2.87 \pm 0.53
Degree of stenosis (%)	76.50 \pm 15.22	69.54 \pm 14.94*
Lesion length (mm)	12.40 \pm 5.17	12.93 \pm 4.90

Data are reported as mean \pm SD. * $P < 0.05$ (Student t -test).

eter and degree of stenosis of the culprit lesion, age, gender, plasma lipid profile, smoking habit, and the use of statins) (data not shown). The risk of presenting unstable angina for the patients who carried the T allele was 6.1 (95% CI = 2.55-14.43); $P < 0.001$).

Discussion

We investigated the possible association between 894G>T polymorphism of the eNOS gene and unstable angina in a Southern Brazilian population mostly of European ancestry (97.44%). The genotype and allele frequencies of this sample were similar to those reported by Rios et al. (20), who also analyzed subjects of European ancestry from South Brazil, and to those detected for a white Brazilian population (27; data not shown). A significantly higher frequency of the T allele and of the TT + TG genotypes was found among patients with unstable angina compared to a group of patients with stable angina (Table 3). Therefore, in the present study, the T allele was significantly associated with unstable angina. Multivariate logistic regression analysis demonstrated the presence of the T allele (combined TT and TG genotypes) as the only variable with a predictive value for unstable angina, when controlled for the other variables. It should be emphasized that the two groups of patients were similar in terms of clinical char-

acteristics, risk factors for coronary disease and medication in use (Table 1) and that only patients with angina were included in group 2, excluding patients with coronary atherosclerosis but without symptoms. Thus, the fact that the frequency of genotypes was significantly different in a homogenous population in relation to the clinical characteristics suggests an association between the 894G>T polymorphism and unstable angina in this group of patients with coronary disease diagnosed by angiography.

EDRF, synthesized from L-arginine by the action of eNOS, has a fundamental role in the control of vascular homeostasis. Therefore, modifications in the nucleotide sequence of the gene that codes for eNOS could result in alterations in phenotypic expression, consequently affecting the clinical status of patients with coronary atherosclerosis. In fact, previous studies have demonstrated that this polymorphism is associated with MI in Japanese and English populations (15-17), although the mechanism by which this occurs is unknown. Initial studies have shown that polymorphism of the eNOS gene may have a functional effect on the enzyme. T allele carriers without coronary disease were shown to present a vasomotor coronary dysfunction due to an increase in microvascular resistance at rest, that was not seen in G allele carriers. It seems that this effect might be allele dose dependent, since TT homozygotes present greater dysfunction (28). In another study, also on healthy people, no effect of the T allele was seen on the vascular response to acetylcholine (ACh), whereas TT homozygotes demonstrated a significantly lower endogenous NO synthesis (29). Also, an attenuated response to ACh was found in coronary patient carriers of the T allele, showing an endothelial-dependent dysfunction in resistance vessels (30). Cattaruzza et al. (31) demonstrated that there is no difference in the endothelium-dependent NO-mediated relaxant response to ACh in the saphenous vein segments de-

Table 3. Allele and genotype distribution of 894G>T eNOS polymorphism in patients with unstable angina (group 1) and patients with stable angina (group 2).

894G>T eNOS polymorphism	Group 1 (N = 83)	Group 2 (N = 73)	Odds ratio (95% CI)
T allele	69 (41.6%)	42 (28.8%)*	1.76 (1.07-2.91)
G allele	97 (58.4%)	104 (71.2%)	
TT + TG	61 (73.5%)	33 (45.2%)*	3.36 (1.72-6.57)
GG	22 (26.5%)	40 (54.8%)	

Data are reported as the number of patients and percent in parentheses. CI = confidence interval.

* $P < 0.05$ (Pearson chi-square test).

rived from patients undergoing aortocoronary bypass with either the TT, TG, or GG genotype. On the other hand, these investigators found that this response was significantly attenuated in segments derived from the CC genotype of the -786T>C polymorphism as compared with CT or TT genotype donors. Also, no apparent differences were observed between the coronary heart disease-positive and -negative patients regarding the 894G>T polymorphism (TT 7.6%, TG 36.9%, GG 55.6% vs TT 7.3%, TG 38.4%, GG 54.3%, respectively). Therefore, in this population 894G>T polymorphism does not seem to play a major role in the development of coronary heart disease. Moreover, in this regard, the lack of effect of the T-allele on NO-dependent relaxation *ex vivo* argues against a potential linkage between the -786T>C and 894G>T polymorphism (31). At the molecular level, the 894G>T polymorphism has been shown to result in enhanced proteolytic cleavage of the mature ecNOS, suggesting that this polymorphism has a functional effect on the ecNOS protein (32). In a study on cultured human umbilical vein endothelial cells from normal deliveries treated *in vitro* with or without cigarette smoking extracts, Senthil et al. (33) observed low-ecNOS protein levels and enzyme activities in carriers of the TT genotype, but relatively high mRNA levels in both control and cigarette smoking extract-treated endothelial cells. The reduced ecNOS protein levels and enzyme activities are in agreement with the T allele being associated with increased vascular risk. The relatively higher ecNOS mRNA could be a compensatory up-regulation in transcription, since the mutation at exon 7 could result in accelerated protein degradation (32). Thus, the 894G>T polymorphism may indeed affect eNOS protein stability since the TT genotype had a low protein level (33).

In the present study, we used a dominant model pooling TT + TG carriers. It seems that the functional effect of the polymor-

phism is present in both homozygous and heterozygous subjects. In fact, in the study by Tesouro et al. (32), a 100-kDa band, product of the proteolytic cleavage of the mature ecNOS, was observed in cell lysates from endothelial cell lines with the TT and TG genotypes, but not with the GG genotype. In another study (34) on patients with autosomal dominant polycystic kidney disease, Ca²⁺-dependent NOS activity was systematically decreased in renal arteries of patients with the TT genotype or the TG genotype compared to patients with the GG genotype.

Two reports have demonstrated an association of 894G>T ecNOS polymorphism with ACS, but only when in combination with other polymorphisms of this gene. In the Korean study (18), the 4a allele for the ecNOS 4a4b polymorphism had a protective effect against the development of ACS and the GG genotype for the ecNOS 894G>T polymorphism exerted an additive beneficial effect in 4a allele carriers. In the Italian study (19), an increased predisposition to ACS was observed in subjects carrying the -786CC/894TT genotypes. Some differences between the present study and those cited above should be pointed out. First, in our study the control group consisted of symptomatic patients with stable angina, while in the Korean and Italian studies the control groups were apparently healthy individuals; thus, our population was more homogeneous. Second, we included patients with indication for coronary intervention, i.e., a population differing from those studied in the Korean and Italian investigations, implying a possible selection bias. Third, the Korean and Italian results were obtained in populations of ethnic backgrounds differing from that of our population. All of these aspects may account for the differences between our results and those obtained in the Korean and Italian studies.

The role of the ecNOS gene polymorphisms (-786T>C in the promoter, the poly-

morphic variation in intron 4, and the 894G>T variant in exon 7) in the susceptibility to vascular diseases is still controversial. Senthil et al. (33) argued that while there is little doubt that dysfunctional ecNOS is involved in the pathogenesis of vascular diseases, the reasons for the apparently inconsistent findings are: I) false-positive statistical results; II) none of the studied polymorphisms would be functional in regulating ecNOS expression and their associations with vascular diseases are mediated through linkage with other functional ecNOS variant site(s), which may only be polymorphic in some populations but not in others; III) the putative function of these polymorphisms or possibly linked variants at one or more other loci may be conditional on specific environmental factor(s) (33).

To explain such inconsistencies, at least four extensive additional studies would be necessary: i) meta-analyses including studies with a large number of individuals from populations with different clinically relevant phenotypic characteristics and diverse genetic backgrounds; ii) molecular *in vitro* investigations to identify how functional each eNOS polymorphism could be regarding its capacity to quantitatively or qualitatively modify the ecNOS enzyme; iii) sequencing studies of the ecNOS gene to uncover new candidate mutations explaining putative functional ecNOS enzyme alterations, and iv) genomic analyses to identify additional loci that may modulate the expression of the ecNOS gene.

Since there are few studies demonstrating that the 894G>T polymorphism is functional, an alternative explanation for our

results is that the association found might be due to linkage disequilibrium with other polymorphisms in the same or other genes, or to interaction with other factors such as smoking habit, physical activity, age, gender, and plasma lipid profile, among others, taking into account that coronary disease is multifactorial. Thus, the probability of a patient to develop unstable angina might depend on all those factors, besides the 894G>T polymorphism.

A limitation of our study is the small sample (83 cases and 73 controls). However, since we excluded asymptomatic patients, a fact that permitted us to study a homogeneous population in terms of clinical characteristics (Table 1), and multivariate logistic regression analysis demonstrated the presence of the T allele as the only variable with a predictive value for unstable angina, when controlled for the other variables, we suggest that the 894G>T ecNOS polymorphism is associated with unstable angina in patients from the South of Brazil and that this polymorphism may be considered to be a genetic risk factor for unstable angina.

Studies on other populations are necessary to confirm this hypothesis.

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